

Botulinum Toxin A Treatment

Post-Treatment Instructions

The guidelines to follow post treatment have been followed for years, and are still employed today to prevent the possible side effect of ptosis (drooping of the eyelids). These measures should minimize the possibility of ptosis.

* No straining, heavy lifting, vigorous exercise for 3-4 hours following treatment. It is now known that it takes the toxin approximately 2 hours to bind itself to the nerve to start its work, an because we do not want to increase circulation to that area to wash away the Botox or Xeomin from where it was injected.
* Avoid manipulation of area for 3-4 hours following treatment. (For the same reasons listed above.) This includes not doing a facial, peel, or micro-dermabrasion after treatment with Botox or Xeomin. A facial, peel, or micro-dermabrasion can be done in same appointment only if they are done before the Botox or Xeomin.
* It can take 2-10 days to take full effect. It is recommended that the patient contact the office no later tan 2 weeks after treatment if desired effect was not achieved and no sooner to give the toxin time to work.

Makeup may be applied before leaving the office.

I certify that I have been counseled on post-treatment instructions and have been given written instructions as well.

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Patient Signature Date